

# East Coast News



A bi-monthly publication of the **East Coast Town Council** MITA(P) No: 059/11/2007 Circulation: 38,000 **December 2007/January 2008** Issue 58



**Ministerial Visit**  
**部长访问**  
**Lawatan Menteri**  
**அமைச்சரின் பயணம்**

**Dr Vivian Balakrishnan**  
**visits Changi-Simei**



# Coming Up



**Here are some highlights of events coming up over the next few weeks in our Town.**

When?	What?	Where?	Organiser
21 February 7.30pm	Chinese New Year Musical	Vacant land beside Eastpoint Mall	Changi Simei CCC
23 February 7.00 to 9.00pm	Food Fiesta	Bedok Ria Crescent Children's Playground	Limau Estate NC
23 February	CNY Celebrations	Grand Mercure Roxy Hotel	Joo Chiat IRCC/ MAEC
23 February 7.30pm	Joo Chiat SCEC Lunar New Year Dinner	Joo Chiat CC Hall	Joo Chiat CC SCEC
23 February 9.30am to 1.00pm	Holi Festival	Changi Simei CC Civic Plaza	Changi Simei CC IAEC
24 February 6.00 to 7.30pm	Lion and Dragon Dance Performances	Joo Chiat Square	Roxy Zone 2 NC
8 March 3.00 to 7.00pm	Fengshan Lunar New Year Dinner	Fengshan CC	Fengshan GROs
9 March 9.00am to 1.00pm	Changi Simei South East R <sup>2</sup> 2008	Ski360 1206A East Coast Parkway	Changi Simei CC YEC
9 March 9.00am to 1.00pm	Changi Simei Trio Bowling Tournament 2008	Safra Resort Bowl Changi Coast Walk	Changi Simei CC WEC
15 March 1.00 to 5.00pm	Chinese Cultural Festival	Fengshan CC	Fengshan CSC
23 March 8.00 to 11.00am	Town Sports Day	Bedok Stadium	Joo Chiat CC
5 – 6 April 1.00 to 10.00pm	Motorsports@Bedok	Bedok Stadium, around Bedok Sports Hall, and Bedok North Ave 2	Kampong Chai Chee CC
27 April	Siglap Dog Show		Siglap CC

**Do you want a copy of that cute picture the photographer took for East Coast News? Just go to [www.ectc.org.sg/](http://www.ectc.org.sg/)!**



**For more information on the events coming up in your part of Town, please call your nearest CC. Telephone numbers for all CCs are on the back page.**

# Green Quiz

Some of the answers to this quiz are printed in this newsletter – but you'll know the answers to the others if you are green!

To enter, just fill in the blanks and your personal details, cut out and send your entry to:  
**Readers' Quiz #58, East Coast Town Council,  
 Block 206 Bedok North Street 1, #01-353,  
 Singapore 460206.**

**Hurry: the contest closes on March 25, 2007.**

- To help save energy, the Town Council is testing the feasibility of replacing sodium with \_\_\_\_\_ lamps.
- The "Give Me a Hi5" campaign addresses five key environmental issues: (a) dengue (b) littering (c) personal \_\_\_\_\_ (d) resource \_\_\_\_\_ and (e) \_\_\_\_\_ conservation.
- Trees in our Town reduce greenhouse gases by converting carbon \_\_\_\_\_ to oxygen and more tree.

4. When you put your recyclables in the bins provided, your clean papers go in the \_\_\_\_\_ bin, your drink cans go in the \_\_\_\_\_ bin, and your plastic and glass bottles go in the \_\_\_\_\_ bin.

5. The offshore Semakau Landfill has an estimated lifespan of just \_\_\_\_\_ years.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Postal Code: \_\_\_\_\_ NRIC: \_\_\_\_\_  
 Division: \_\_\_\_\_



## Winners

**Congratulations to the winners of Newsletter Contest #57:**

- |                          |           |
|--------------------------|-----------|
| Caryn Zou Jia Wei        | SXXX1790C |
| Yeo Seok Tiang           | SXXX5954D |
| Kwek Sew Kee             | SXXX8017G |
| S Sivalingam             | SXXX5718A |
| Sonesh Mahesh Nankani    | SXXX0486I |
| Ismail Bin Abdul Samad   | SXXX9453D |
| Siti Haidah Binte Damiri | SXXX4819D |
| Wee Jing Ni              | SXXX4580A |
| Ishak Bin Jaafor         | SXXX0653J |
| Lee Kum Chin             | SXXX4791Z |



Coming Up



# VROOOM VROOOM!

## Motorsports at Bedok

**On 5 and 6 April, right here in the heart of Bedok, we're going to have go-karting and other motorsport exhibitions and demonstrations -- with a fun carnival on the side for the kiddies.**

**D**on't miss this day of fun-filled activities for your family and friends. Get your tickets now, and get yourself up to speed for the big F1 race coming in September.

Everything will be on the roads and carparks around Bedok Sports Stadium. You can try driving a go-kart. You can ogle the latest high performance machines. And you can watch race-drivers "drifting" around corners in a race against a Singapore-developed digital scoring system called the Race Masters Championship. It's awesome.

### Fun-Kart Circuit

A stretch of Bedok North St 2 will be closed and safety barricades and trained officials will turn it into a small circuit that meets international standards. Here anyone over twelve years old can try their hand at entry-level motorsports.

You'll be given a helmet to wear and taken by one of the marshals to a quiet corner where he will show you how to control your go-kart and the things you can and cannot do when you're on the track.

And then it's "Gentlemen, start your engines. The green

flag waves and you're off with eight other karts. It's not really a race, it's who can do the most laps before the checkered flag is waved. No prizes. But what an experience.

### The Motor Sports Experience

This is a motor sports exhibition and demonstration, not a race. The idea is to let you get to know more about motor sports, and the skills required. Racing-trained officials will run the circuit and drive the cars.

The track will be around the Sports Hall. Besides the drifting, there'll be a other skill demonstrations and some stunt driving to watch. Why, you might even be selected for a joy-ride in one of the racers.

Don't worry. Everything will be done to protect your safety. There'll be all the barriers, marshals and scrutineers required for FIA standards.



## Recycle and Row Competition

**To promote recycling through sports, the Changi Simei YEC arranged the first contest like this, last year. This year's will be bigger and better and offers amazing prizes. 9 March.**

**M**ark it in your diary. From 9am to 1pm. Even if you don't take part, you should come down to cheer.

Contestants build their own "boats" beforehand from whatever old stuff they choose. Then, on the Sunday, they put them in the sea and try to row the course as fast as they can. The judges also consider creativity, teamwork and how good the finished boat looks.

This year there are fabulous prizes to be won ranging from \$2,000 cash plus four airtickets to Bangkok, to \$200 for the best cheerleaders.

It will be held at the cable-skiing lagoon, 1206A East Coast Parkway and among the highlights of the morning will be wakeboarding performances, recycling games, and discounts for you to ride the cable ski.

For more information and registration, go to [recycleandrow.blogspot.com](http://recycleandrow.blogspot.com), or contact Changi Simei CC at 6781 6058.





# Tree Planting Day

***Caring for our Town*** The MPs joined residents to plant trees on Tree Planting Day. Brand-new *cangkuls*, shovels and watering cans had been laid out – plus big rubber boots. The holes had been dug, the soil prepared and the trees placed next to the holes. There was just one job to be done; the planting. As Singapore has become a garden city, Tree Planting Day has become more of a celebration of what we have achieved in making our Town a green and pleasant place to live. And a reminder that the work will never be finished, and that every day we must take care of our surroundings.





# Our Green Plan

In our last issue we explained how the Town Council's Green Plan aims to make our pleasant environment sustainable. A key part of the strategy is to save more energy.

The idea is to reduce the consumption of electricity. That should save the Town money, and help to save the planet.

The Plan calls for the Council to test five new ways of saving energy and, if they are feasible, adopt them Town-wide.

## 1 Install Energy Saving Devices (ESDs)

In the past few years, the Council has installed ESDs in 136 blocks. Based on the current electricity prices, the total projected cost saving for our Town will be about \$539,000.

## 2 Replace compact fluorescent lamps with T5 lamps

Many HDB blocks built in the 1990s were fitted with compact fluorescent lamps. While pleasing to the eye, their diffusers turn yellow and have to be replaced. These diffusers also hamper tube replacement.



The new T5 14W fluorescents

The Council replaced the compact lamps with 14W fluorescents fitted with electronic ballasts. These are easier to maintain, have a longer life (20,000 hours compared to 8,000), use less electricity and are cheaper to replace.

## 3 Replace sodium lamps with mercury lamps

By changing existing 70W sodium lamps commonly used for outdoor lighting to 55W mercury lamps, the Council expects potential energy savings of about 25%.

## 4 Install motion detectors to turn staircase lights on and off

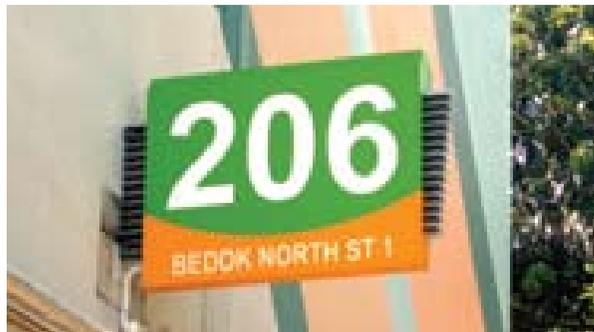
With lifts now stopping at every floor, why keep the staircases lit all night? The Council has installed motion detectors for lights located at staircase half landings in a pilot study. These lights now turn on when nearby motion triggers the detector. They stay on for a few minutes, then turn off automatically.

The Council will, of course, include feedback from residents when evaluating the results of the study.

## 5 Install Light Emitting Diodes (LEDs) for block signs

The Council is reviewing a project to change light block signs from fluorescent lighting to LED lighting. LEDs last about 50,000 hours, compared with 8,000 for fluorescent tubes and should reduce energy costs by about 85%.

There is a part for you to play in our Green Plan. In our next issue we'll tell you what you can do to help with Waste Recycling.



The new LED block sign under test at Block 206, Bedok North St 1.



A technician adjusts a Matrix energy saving device'



Replacing sodium lamps with mercury lamps in an outdoor fixture.

# 我们的绿色计划

在上一期里，我们解释了市镇理事会的绿色计划将如何把我们美好的环境长久维持下去。我们的策略，主要是靠节省能源。

我们的理念是减少使用电量，一方面为市镇理事会省钱，一方面协助拯救我们的地球。

在绿色计划下，市镇理事会将对五个节省能源的方法进行试验。如果它们行得通，就应该加以采用。

## 1 装置节能器 (ESDs)

在过去数年里，市镇理事会已在 136 座组屋装置了节省能源的器材。按照目前的电费，预计这项措施，能为市镇理事会省下 53 万 9000 元左右。

## 2 以 T5 灯取代荧光灯

上个世纪 90 年代所兴建的许多组屋都装有荧光灯。这种灯虽能让眼睛感到舒服，但它们的漫射罩极快变黄，必须时常更换。此外，这些漫射罩也妨碍更换灯管的工作。

市镇理事会于是以 14 瓦特的备有电子镇流器的荧光灯取代它们。这类新的荧光灯较易维修、寿命较长 (2 万小时；原有的只有 8000 小时)、用电量较少、更换价钱较为便宜。

## 3 以汞汽灯取代钠蒸气灯

把现有常用的 70 瓦特户外钠蒸气灯更换为 55 瓦特的汞汽灯，市镇理事会预计能节省 25% 的能源。

## 4 装置动力传感器以开关楼梯电灯

现在的电梯既然在每层停留，为什么还要让楼梯的电灯在夜间时刻点亮？市镇理事会已在各座组屋两楼之间的楼梯平台装置动力传感器进行试验。当传感器周围有动静时，电灯就会自动点亮数分钟，然后才自动熄灭。

当然，在评估这项试验结果时，市镇理事会将考虑居民所提出的意见。

## 5 座号牌装置发光二极管 (LEDs)

市镇理事会正在检讨以发光二极管取代座号牌的荧光灯计划。发光二极管的寿命长达 5 万小时左右，而且能节省大约 85% 的能源费。现有荧光灯的寿命却只有 8 千小时。

居民也能为绿色计划尽一份力量。在下一期里，我们将告诉你们如何在废物循环中助我们一臂之力。

One of the new T5 14W fluorescent lamps.





# Recycling

## Making your recycling easier

Working together, Altvater Jakob and the Town Council have put bright coloured recycling bins within a few steps of your block. This gives you another convenient way to recycle your trash and help save the planet.

**B**lue, red and yellow, the bins are clearly labelled “Papers”, “Bottles” and “Cans” or “Light Recyclables”. They mean you now have another way to recycle your trash:

- 1 Put your recyclables in a bag for Altvater Jakob to pick up from your doorstep. (The pick-up is once every two weeks. To find out what day for your block, just phone 6865 3140)
- 2 Collect your recyclables and take them down to your RC on the appointed day. Many RCs will give you food items in exchange. Phone your RC for details.
- 3 Put your recyclables in the the bright coloured bins near your flat. (A lot of people have found it's most convenient when they are going out to market with an empty trolley.)

But make sure you put your different recyclables in the right bins. If you don't it causes many problems at the recycling depot.

Make sure no food trash goes into our recycling bins. Food waste ruins the whole system. It means some material – that could have been recycled – has to be incinerated. And that wastes all our efforts.

While we're on the subject of the putting the right thing in the right bin – what about stuff that's too big?

The Town Council also offers a handy service for any bulky items you want to throw out – like a refrigerator, tv, sofa or a cupboard – all recyclable. They'll send men around to collect up to three bulky items, at no cost to you. If you have more than three items, the charge is \$5 per additional piece.

Just call 1800-444-9549 to arrange for bulky item collection.

## 让您轻松环保

Altvater Jakob 同市镇理事会携手合作，在你们的组屋附近放置色彩鲜艳的环保桶，方便你们循环废物、协助拯救地球。

**蓝**色、红色与黄色的环保桶，分别标明为收集“纸张”、“瓶子”及“罐子”或“轻型环保物”之用。因此，你们现在有一个循环废物的方法了：

- 1 请把能够循环的物品放进一个袋子里让 Altvater Jakob 前来收集。(收集时间是每两个星期一次。要知道 Altvater Jakob 哪一天来收集，请拨电话 6865 3140)
- 2 请在收集当天把能够循环的物品带到居民委员会中心。许多居民委员会都会以食品同你们交换这些物品。详情请拨电话向你们的居民委员会中心询问。
- 3 请把能够循环的物品放进你们住家附近的色彩鲜艳的桶里。(许多人在推着空车上巴刹时觉得最方便。)

但请确保你们把不同的循环物品放进正确的桶里。否则会给废物循环厂带来许多问题。

请确保你们没把食物残羹放进环保桶里。食物残羹会损坏整个系统。这意味着有些本来能够循环的物质必须焚化。这将使我们白费心机，前功尽弃。

到目前为止，我们所谈的只是把能够循环的物品放进正确的桶里。如果这些物品太大要怎么办？

市镇理事会也为你们提供丢弃笨重但可循环物品的服务。这些物件包括旧雪柜、电视机、沙发椅及橱柜等。市镇理事会将派人到你们的住家免费收集这些笨重的物件，但每家以三件为顶限。如果超过三件，每多一件收费5元。

如有笨重物件要丢弃，请拨电话 1800-444-9549 安排收集。



Please do not throw your food trash into the recycling bins.



Make sure you put your recyclables in the right bin!

## Memudahkan anda pengitaran semula

Syarikat Altvater Jakob dengan kerjasama Majlis Bandaran telah meletak tong-tong sampah kitar semula yang berwarna terang berhampiran blok anda. Ini adalah satu lagi cara yang memudahkan anda untuk mengitar semula sampah anda dan membantu menyelamatkan bumi.

**B**erwarna biru, merah dan kuning, tong-tong ini ditulis dengan jelas label “Kertas”, “Botol” dan “Tin” atau “Bahan Kitar Semula Ringan”. Ini bermakna anda kini mempunyai satu lagi cara untuk mengitar semula sampah anda:

- 1 Masukkan bahan kitar semula anda dalam beg plastik agar pekerja Altvater Jakob dapat mengutipnya di luar flat anda. (Kerja mengutip bahan kitar semula dilakukan dua minggu sekali. Untuk mengetahui hari apa mereka datang ke blok anda, harap telefon 6865 3140.)
- 2 Kumpulkan bahan kitar semula anda dan bawanya ke Pusat Jawatankuasa Penduduk anda pada hari yang telah ditetapkan. Banyak Jawatankuasa Penduduk akan memberi bahan makanan sebagai ganti bahan kitar semula yang anda serahkan. Telefon Jawatankuasa Penduduk anda untuk mendapatkan butir-butir.



# Recycling

## உங்களின் வேண்டாத பொருட்களை மீண்டும் பயன்படுத்தப்படுவதை எளிதாக்குதல்

**Alvater Jakob நிறுவனமும் நகர மன்றமும் கூட்டாகச் சேர்ந்து கண்கவர் வண்ண மறுபயனீட்டுத் தொட்டிகளை உங்கள் புளோக்கிற்கு அருகிலேயே வைத்துள்ளன. உங்களின் குப்பையை மறுபயனீடு செய்ய இது மற்றொரு வசதிமிக்க வழியை வழங்குவதுடன் நம் உலகையும் காப்பாற்ற உதவுகிறது.**

நீலம், சிவப்பு மற்றும் மஞ்சள் நிறத்தில் தொட்டிகள் மிகத் தெளிவாக "பேப்பர்", "போத்தல்கள்", "தகரக் குவளைகள்" அல்லது "மறுபயனீடு செய்யக்கூடிய விளக்குகள்" என எழுதப்பட்டுள்ளன. உங்களின் வேண்டாத பொருட்களை மீண்டும் பயன்படுத்துவதற்கான வழி உங்களுக்கு இப்போது இருக்கிறது என்பதுதான் அதன் அர்த்தம்:

- 1 மீண்டும் பயன்படுத்தக்கூடிய உங்களுக்குத் தேவையற்ற பொருட்களை உங்களின் வாசலிலிருந்தே Alvater Jakob நிறுவனம் எடுத்துச் செல்லும்பொருட்டு அவற்றை ஒரு பையில் இட்டுவைக்கவும். (இரண்டு வாரங்களுக்கு ஒரு முறை அவை எடுத்துச் செல்லப்படும். உங்கள் புளோக்கிற்கான நாள் எது என்பதை அறிய, 6865 3140 எனும் தொலைபேசி எண்ணில் அழையுங்கள்.)
- 2 குறிப்பிட்ட நாளன்று மறுபயனீடு செய்யக்கூடிய உங்களின் பொருட்களை ஒன்று திரட்டி உங்களின் ஆர்சி நிலையத்திற்கு எடுத்துச் செல்லுங்கள். அவற்றிற்குப் பதிலாக பல ஆர்சிக்கள் உங்களுக்கு உணவுப் பொருட்களைக் கொடுக்கும். விவரங்களுக்கு உங்கள் ஆர்சியுடன் தொலைபேசி வழி தொடர்பு கொள்ளுங்கள்.
- 3 உங்கள் வீட்டிற்கு அருகில் உள்ள கண்கவர் வண்ண தொட்டிகளில் உங்களின் மறுபயனீட்டுப் பொருட்களை இடுங்கள். (சந்தைக்கு காலி ட்ரோலியுடன் செல்லும்போது அவற்றை அதில் எடுத்துச் சென்று தொட்டிகளில் இடுவதைப் பலர் வசதியாக இருப்பதாக அறிந்துகொண்டுள்ளனர்.)

ஆனால் உங்களின் வெவ்வேறான மறுபயனீட்டுப் பொருட்களைச் சரியான தொட்டிகளில் இடப்படுவதை உறுதி செய்துகொள்ளுங்கள். அப்படிச் செய்யாவிட்டால், அது மறுபயனீட்டு மையத்தில் பிரச்சனைகளை ஏற்படுத்தும்.

மறுபயனீட்டுத் தொட்டுகளுக்குள் உணவுப் பொருட்கள் உட்புகாமலிருப்பதை உறுதி செய்துகொள்ளுங்கள். வேண்டாத உணவுப் பொருட்கள் இந்த மறுபயனீட்டு முறையைக் கெடுத்து விடும். இதன் அர்த்தம் என்னவென்றால் மறுபயனீடு செய்யக்கூடிய சில பொருட்கள் எரிக்கப்படும். இது நமது முயற்சிகள் அனைத்தையும் வீணாக்கிவிடும்.

சரியான பொருட்களைச் சரியான தொட்டிகளில் இடவேண்டும் என்று கூறும் வேளையில் பருமனான பொருட்களை என்ன செய்வது என்று யோசிப்போமா?

குளிர்ந்தபதனப்பெட்டி, தொலைக்காட்சிப் பெட்டி, சோபா, அல்லது அலமாரி போன்ற பருமனான பொருட்களை - இவை அனைத்தும் மறுபயனீடு செய்யக்கூடியவையே - அகற்றும் சேவையை நகர மன்றம் வழங்குகிறது. மூன்று பெரிய பொருட்கள் வரை அகற்றுவதற்காக நகர மன்றம் ஆட்களை அனுப்பும். அதற்கு செலவும் ஏதும் உங்களுக்கு இருக்காது. ஆனால், மூன்று பொருட்களுக்கு மேல் உங்களிடம் இருந்தால் கூடுதலான ஒவ்வொரு பொருளுக்கும் \$5 கட்டணம் வசூலிக்கப்படும்.

பருமனான பொருட்களை அகற்ற 1800-444-9549 எனும் எண்ணில் அழையுங்கள்.

**Collect your recyclables and take them down to your RC on the appointed day. Many RCs will give you food items in exchange. Phone your RC for details.**



**You can put your recyclables in bags provided by Alvater Jakob for collection from your door step, twice a month**

**For the removal of bulky items, you can call the Town Council.**



## membuat

- 3 Masukkan bahan kitar semula anda dalam tong-tong sampah yang berwarna terang yang diletakkan dekat blok anda. (Ramai orang mendapati bahawa ini adalah cara yang paling mudah apabila mereka keluar ke pasar dengan troli kosong.)

Pastikan yang anda masukkan bahan kitar semula anda yang berlainan jenis ke dalam tong-tong yang betul. Jika anda tidak melakukannya mengikut cara yang betul ia menyebabkan banyak masalah di depo kitaran semula.

Pastikan bahawa sampah makanan tidak dimasukkan ke dalam tong-tong kitar semula. Sisa makanan merosakkan seluruh sistem ini. Ia bermakna sesetengah barang - yang dapat dikitar semula - terpaksa dibakar di loji bakar sampah. Dan itu menia-siakan segala usaha kita.

Sementara kita bercakap tentang soal memasukkan bahan yang betul dalam tong yang betul - bagaimana pula dengan barang-barang yang terlalu besar?

Majlis Bandaran juga menawarkan perkhidmatan mengangkat barang-barang besar yang anda mahu buang - seperti peti sejuk, tv, sofa atau almari - semuanya boleh dikitar semula. Mereka akan menghantar pekerja untuk memungut hingga tiga barang besar, tanpa mengenakan bayaran. Jika anda mahu membuang lebih daripada tiga barang, bayarannya ialah \$5 bagi setiap barang tambahan.

Anda hanya perlu telefon 1800-444-9549 untuk mengatur pekerja untuk mengangkat barang-barang besar.





# We celebrate **Hari Raya Aidil Fitri**

*Encik Raymond Lim menyampaikan sebuah anugerah bagi pihak MAEC Fengshan di majlis Mesra Aidilfitri.*

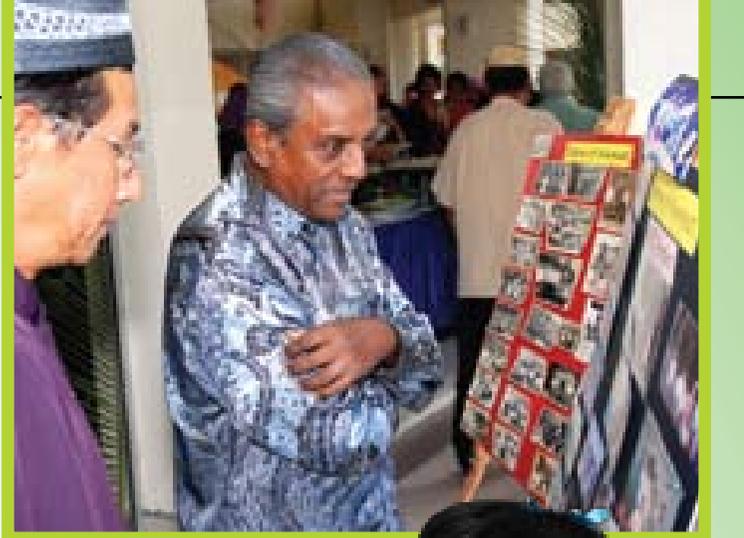


*The fasting month of Ramadhan is a time to count your blessings and consider how you can show your thanks for them. It is a time for thinking, sharing and developing understanding. It is followed by Lebaran, better known in Singapore as Hari Raya Aidil Fitri or Hari Raya Puasa, a day for celebrating the end of the fast and thanking God for the strength he has given you. The celebrations last long after the first day. It is a time of giving, new clothes, balik kampung – and fun and feasting with family and friends.*

*Encik Chan Soo Sen menyampaikan hadiah kepada para penduduk Joo Chiat yang akan menunaikan fardu haji.*



*Encik Abdullah Tarmugi melakukan joget di majlis Sinar Lebaran @ Siglap.*



*Profesor S Jayakumar menatap beberapa gambar lama di majlis Nostalgia Aidilfitri anjuran kawasan undi Bedok.*



# ...and Deepavali



நமது சிசியில் நடைபெறும்  
எந்த ஒரு விழாவிலும்  
தொடக்க நிகழ்ச்சியாக  
விளக்கேற்றி வைக்குமாறு  
நாடாளுமன்ற உறுப்பினர்  
கேட்டுக்கொள்ளப்படுவார்.



நமது சிசியில் நடைபெறும்  
எந்த ஒரு விழாவிலும்  
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கேட்டுக்கொள்ளப்படுவார்.

**Deepavali** (also known as Diwali) is the most important day in the Hindu calendar. This "Festival of Lights" celebrates the triumph of the purity of Lord Krishna over the evil of Narakasura. The lights symbolise his purity; light always conquers darkness. During the festival oil lamps are lit to usher in brightness and goodness. It's a time of rejoicing as people go to the temple in their best clothes and visit friends and relatives; a happy time for children, full of visits and sweet treats; a time for renewal; a new year celebration. It has become one of Singapore's national festivals, promoting goodwill, understanding and harmony among us all.



தீபாவளி சிங்கப்பூரின்  
தேசிய விழாக்களில் ஒன்றாக  
ஆகிவிட்டதுடன், அது  
நல்லெண்ணம், புரிந்துணர்வு  
மற்றும் நல்லிணக்கத்தை  
எல்லோரிடமும் ஏற்படுத்துகிறது.





# Bedok

## Senior Citizens Week

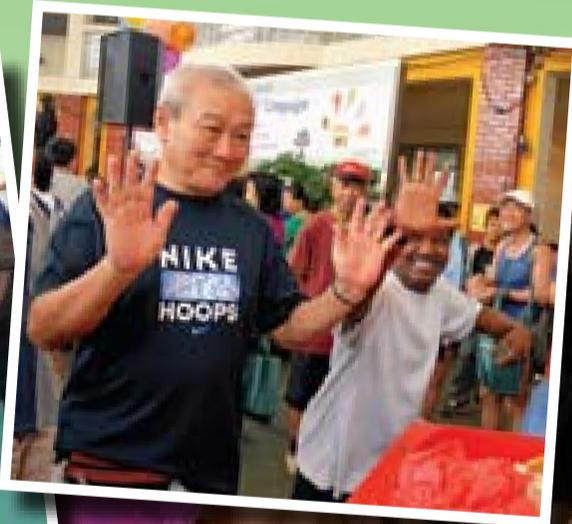
The Bedok Radiance SAC held a variety show on Sunday, 18 November. The day began with a good workout, followed by a brisk walk. Then it was back to the CC for refreshments, entertainment, health and safety exhibitions and demonstrations, games and a vertical marathon for those who were still up for more exercise!



11月18日星期日，  
勿洛 Radiance SAC 举行一次文娱晚会以庆祝乐龄周。

*A recital by elderly dialect speakers who learned Mandarin from the retired pastor Yeo, on the left.*

*A flea market was part of the show – showing us the exact cash value of Recycling!*



*It was unusual to see dozens of people taking great care to put their recyclable trash into the right bin!*

12月9日，一大群人前来参加我们的Hi5运动推展仪式。这项运动对准五个目标：骨痛、溢血、热症、乱抛垃圾、个人卫生、再循环及浪费电力。

*The Professor stopped to show some children how to spot the right bin for each kind of recyclable.*



## Our Hi5 campaign

Big crowds came to the launch on 9 December, held at the CC. Professor S Jayakumar told us how to tackle the five things it will target: dengue, littering, personal hygiene, recycling and the waste of power.





# Siglap



*"It's OK – he's just yawning!"*



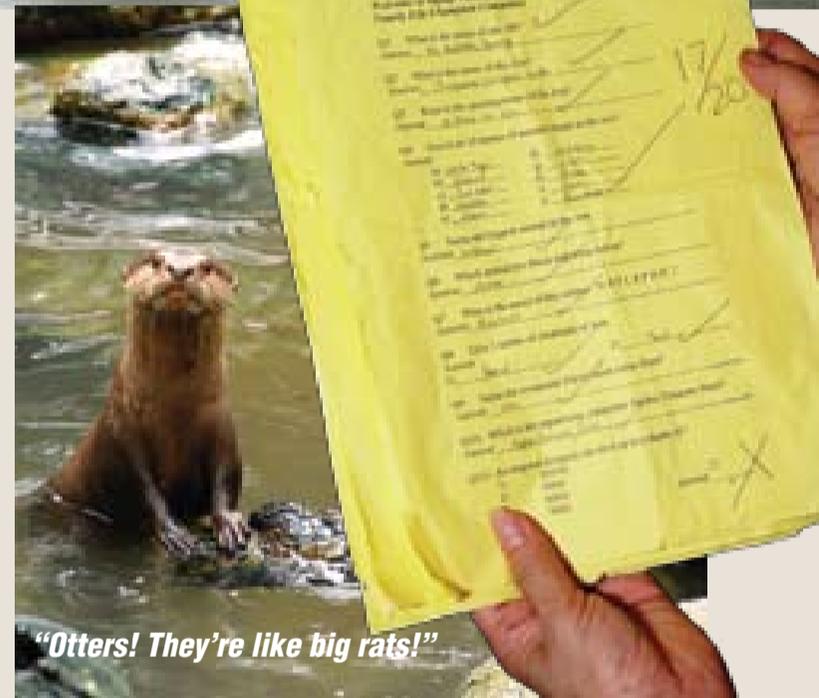
*"A little bit of rain, never mind!"*



*"Wow... they're so big!"*

## *Lions and tigers and bears, oh my!*

We try to go somewhere different for our Siglap Community Day every year, so last year we went to the zoo! Bright and early on 9 December, fifty families set off on a treasure hunt. Each family was given a list of questions – and the answers were scattered all over the zoo. Though it rained, just listening to the wide-eyed kids made it a great day out for all of us.



*"Otters! They're like big rats!"*

## *Give me a Hi 5!*



The Emergency Preparedness Exhibition held on 2 December at Block 163 Bedok Avenue South taught us a lot about first aid, how to avoid crime, how to prevent fires – even how to put them out. It also saw the launch of the Hi5 campaign in Siglap – to encourage us to get involved and take steps to help keep our world and our homes, green and healthy.

**Hi5运动** 在我们的紧急应变展览会上推出。它将鼓励我们协助保持我们的世界和家园青葱翠绿，环境卫生。





# Fengshan

## Sixteen more blocks vote YES for lifts that stop at every floor 另外有16座的居民投票赞成每层楼停留的电梯。 Enam belas lagi blok mengundi YA untuk lif-lif yang berhenti di setiap tingkat



Explaining the placement of new lift shafts.

Mdm Tan Peng Peng thought the new lifts would be good for prams!

On 2 November Mr Lim opened the polls for residents of Blocks 90 to 93, 94B to 94E and 95 to 97 Bedok North Avenue 4/Street 4 to vote for or against an LUP and for residents of Blocks 84 and 86 to 89 Bedok North Street 4 to vote on their IUP Plus. It was a happy time for everyone – with new convenience in their daily lives just around the corner.



Clarifying things for a voter.



Mr and Mrs Chandra Segaran thought the LUP was a very good idea, "particularly for the old folks!"



Guess who voted YES!

## Edusave Scholarship & Merit Bursary, Fengshan CCC Bursary and CDC-CCC University Bursary Presentation Ceremony

Hundreds of young people – some of them very young and some already attending university – met Mr Raymond Lim at the CC on 5 January, shook his hand and received a cheque. The amount varied, but the reason for these bursaries and scholarships was constant: to reward these students for what they had achieved and to encourage them to further achievements. We add our congratulations to those given by the hundreds of smiling parents at this happy event.

It was a proud day for the parents.



**Family BBQ Night** Four of our East Coast MPs came and joined in the fun of this huge party held at the Block 131 pavilion the first Saturday night in December. With over a thousand attending, there were literally dozens of fires on the go, and everyone had a chance to cook their food just the way they liked it. There was entertainment to please everyone too: singing, *wushu*, *dikir barat*, inline skating, our famous chicken ballet – why we even had *Er-Gu* come to entertain us. And there was dancing. Everyone, including the MPs, joined in the dancing. What an evening!

# Kampong Chai Chee



**The Right Step** That was our Kampong Chai Chee CCMC's dance production, held in the Victoria Concert Hall on 5 December last year. After plenty of practice under Mrs Lim, one of the CC's dance instructors, the girls wowed a full house. There was ballet by the tots, guest performances by professionals – even ballet in chicken suits! There were other splendid dances as well, from hip-hop to the can-can. All who attended had a great evening of marches, flings and twirls.





# Changi Simei

## Ministerial Visit 部长访问 Lawatan Menteri அமைச்சரின் பயணம்

Dr Vivian Balakrishnan, Minister for Community Development, Youth and Sports, came to visit Changi-Simei on 2 December. He planted a tree to mark the opening of our beautiful new neighbourhood park at Block 132, then flagged off our brisk walkers.



Sunbird Circle was his next visit, and here he met residents, played table soccer and sampled the game and food stalls.

*Left, the ITE College East Drummers. Below, the quiz was not easy!*

Trivia Question 1  
Which bus company served the 1972 Singapore Grand Prix?



The Minister opened the new multi-purpose hall at Block 299 and launched our division's Hi5 campaign inside it.



The fourth stop on his tour of Changi Simei was a tour of the shops and stalls in Block 248. He said hello and shook hands with hundreds of smiling shopkeepers, stallholders and residents here.



Dr Balakrishnan's visit concluded with a dialogue session at the CC. Thank you for coming, Minister. Please come again soon!





# Joo Chiat



**Open House** Siglap South CC specialises in the Arts and on 2 December you had a chance to see and hear the remarkable range of talent being nurtured

here. You could walk around the CC, see the groups practising, learn more about their enthusiasms and the skills required – even sign to join a group if you wanted. In the evening our Advisers came to enjoy a series of performances: A big night for the Arts.



Therapy Dogs came to the party. One of their jobs is to let children with special needs dress them. Kids from the neighbourhood tried it – and you could see the pleasure it gives. Thanks to Therapy Dogs Singapore and the other supporters who made this party a success.



**Xmas with your dog!** The Telok Kurau NC decided to arrange something special this Christmas: an event that would bring out the many dog-owners who live in the neighbourhood. It would give them a chance to get to know each other and become better neighbours. And the rest of the neighbours would want to watch the dogs do their tricks, see the crazy costumes, learn more about keeping a pet. So they would get to know their neighbours better, too! It was a huge success.

## 直落古楼

邻区中心举办了一个圣诞项目，吸引所有邻居前来观赏狗儿身穿奇装异服出场表演杂技。





# Meet-the-People Sessions



## Bedok

Professor S Jayakumar  
Deputy Prime Minister, Coordinating Minister for National Security and Minister for Law  
MPS : Tuesdays at 7.30pm  
Venue : Blk 30 New Upper Changi Road #01-784 S(461030)  
Tel : 6442 1955  
Email : 04\_bsec@pap.org.sg



## Siglap

Mr Abdullah Tarmugi  
Speaker of Parliament  
MPS : Mondays at 8.00pm  
Venue : Blk 70 Bedok South Road #01-278 S(460070)  
Tel : 6241 5840  
Email : 65\_bsec@pap.org.sg



## Fengshan

Mr Raymond Lim Siang Keat  
Minister for Transport  
Second Minister for Foreign Affairs  
MPS : Wednesdays at 7.30pm  
Venue : Blk 119 Bedok North Road #01-209 S(460119)  
Tel : 6442 9954  
Email : 21\_bsec@pap.org.sg



## Kg Chai Chee

Mr Lee Yi Shyan  
Minister of State for Trade and Industry  
Vice-Chairman of East Coast Town Council  
MPS : Mondays at 8.00pm  
Venue : Blk 409 Bedok North Ave 2 #01-32 S(460409)  
Tel : 6241 9935  
Email : 33\_bsec@pap.org.sg



## Changi Simei

Ms Jessica Tan Soon Neo  
Member of Parliament  
Chairman of East Coast Town Council  
MPS : Mondays at 7.30pm  
Venue : Blk 131 Simei Street 1 #01 -208 S(520131)  
Tel : 6587 0680  
Email : 14\_bsec@pap.org.sg



## Joo Chiat (SMC)

Mr Chan Soo Sen  
Member of Parliament  
MPS : Mondays at 7.30pm  
Venue : 15 Lorong K Telok Kurau S(425611)  
Tel : 6346 0121  
Email : 30\_bsec@pap.org.sg

## Emergency & useful numbers

### • Emergency Services

Fire / Ambulance	995
Ambulance Service (non-emergency)	1777
Police / Radio Police Car	999
Traffic Light	1800-225 5582
Traffic Jam / Accident Reporting	6547 1818
Traffic Police (Enquiries)	6547 0000

### • Essential Numbers

24-Hour Essential Maintenance Service	1800-275 5555
HDB (Carpark Enforcement)	1800-272 1409
HDB Branch Office Service Line	1800-225 5432
NEA South East Regional Office	6747 4811
NEA North East Regional Office	6455 3177

### • Police

Police Hotline	1800-244 0000
Bedok North NPC	1800-244 9999
Bedok South NPC	1800-244 8999
Changi NPC	1800-587 2999
Marine Parade NPC	1800-442 8999
Bedok NPP	1800-241 9999
Joo Chiat NPP	1800-345 9999
Kg Chai Chee NPP	1800-445 9999
Siglap NPP	1800-448 9999
Tanah Merah NPP	1800-449 9999

### • Singapore Power Services

Piped Gas Supply	1800-752 1800
Water Supply	1800-284 6600
Electricity	1800-778 6666

### • ECTC/ CDC/ FSCs / Community Centres / Clubs

East Coast Town Council	
Maintenance Hotline	1800-444 9549
South East CDC	6243 8753
Community Meditation Centre	6242 6979
Transcentre (Family Service Centre)	6449 0762
Moral Family Service Centre	
(Bedok North)	6449 1440
Bedok Community Centre	6445 0633
Changi Simei Community Club	6781 6058
Fengshan Community Club	6449 5136
Joo Chiat Community Club	6344 1926
Kg Chai Chee Community Centre	6241 9878
Siglap Community Centre	6449 5462
Siglap South Community Centre	6241 1925



## Publicity and Events Committee

Chairman : Mr Lim Joo Kwan, JP, BBM (L) (Bedok)  
Vice-Chairman : Mr V.G. Sambandan, PBM (Siglap)

Members : Mr Patrick Tay, PBM (Bedok)  
          : Ms Elsa Lam (Siglap)  
          : Mr Gopala Krishnan, PBM (Fengshan)  
          : Mr Christopher Seet, BBM (Kg Chai Chee)  
          : Mr Samuel Ling, BBM (Changi Simei)  
          : Mr Roger Soh (Joo Chiat)